



## Westwood Coach Self Evaluation

This form provides a self evaluation for Westwood coaches to fill out in conjunction with the senior resource coach for their respective division to help evaluate their performance during and over the past season.

Date: \_\_\_\_\_ Coaches Name: \_\_\_\_\_

### 1. For the past season did you.....

- Help develop good hockey skills      Yes    No    Comments \_\_\_\_\_
- Help the Players develop physically      Yes    No    Comments \_\_\_\_\_
- Teach Team Play and Strategies      Yes    No    Comments \_\_\_\_\_
- Increase the desire to play      Yes    No    Comments \_\_\_\_\_
- Improve your player's self confidence      Yes    No    Comments \_\_\_\_\_
- Practice Fairplay      Yes    No    Comments \_\_\_\_\_
- Require too much from players      Yes    No    Comments \_\_\_\_\_
- Require too Little from the Players      Yes    No    Comments \_\_\_\_\_

- Help the Player achieve his goals      Yes    No    Comments\_\_\_\_\_
- Encourage the Players to have fun      Yes    No    Comments\_\_\_\_\_
- Take part in Coaching clinics/seminars    Yes    No    Comments\_\_\_\_\_
- Take Part in a mentorship program      Yes    No    Comments\_\_\_\_\_
- Follow the guidelines outlined in the Westwood Coach's Tool Box  

Yes    No    Comments\_\_\_\_\_

**2. Were You as a Coach.....**

- Organized for practice and games      Yes    No    Comments\_\_\_\_\_
- A good teacher                              Yes    No    Comments\_\_\_\_\_
- Fair to all the Players                      Yes    No    Comments\_\_\_\_\_
- Easy to approach or talk to?              Yes    No    Comments\_\_\_\_\_
- A good role model                            Yes    No    Comments\_\_\_\_\_
- Flexible and Understanding                Yes    No    Comments\_\_\_\_\_
- Good at giving Praise when deserved    Yes    No    Comments\_\_\_\_\_
- Concerned about each player              Yes    No    Comments\_\_\_\_\_
- Knowledgeable about the game            Yes    No    Comments\_\_\_\_\_
- Promoting and taking part in the mentorship program  

Yes    No    Comments\_\_\_\_\_



What did the Coach do well or excel at?

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Please State what the Coach did well while running practices

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What could the Coach do to improve his or her practices?

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Do you think the Westwood Hockey Association Coach's orientation, Tool Box and Coach's mentorship program helped to guide and improve the quality of your coaching throughout the year?

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Do you have any suggestions to improve the Westwood Hockey Association Coach's orientation, Tool Box and Coach's mentorship program?

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